



Making the most of your regatta experience!

70th Edition

LSC Regatta

FOR

NEWBIES[®]

*Your quick guide to
regatta success!*



Who can sail?



How do I enter?



How can I help?



WTF is a 'Gentlemen's Handicap'?



Will there be veggie/vegan
food options?



What should I wear?



What time should I arrive?



Can kids race?



What are the non-sailing
activities?



... and many other questions
answered!

A Reference for the Rest of Us!™



What's happening?

Lilliput SC will be celebrating its 70th Annual Regatta this July!

What is a regatta?

Many clubs hold an annual regatta to showcase club racing. It's an opportunity to have sailors from Lilliput SC and other clubs racing in cruisers and dinghies over a two-day period. However, it's more than just racing. There are social events as well.

When is LSC holding its regatta this year?

It's held over the weekend of Saturday 18 and Sunday 19 July. However, there are also social events on the evening of Friday 17 July.

Who's invited?

If you're looking to race, then you need to complete a form and pay an entry fee (refer below) – there's no restriction as to who can enter other than a need to abide by the specified rules, have dinghy or cruiser insurance that covers racing and an ability to safely sail and race a dinghy or cruiser.

If it's the social events you are interested in, then anyone can attend who has entered the regatta to race, as you are deemed to be temporary members of Lilliput SC for the duration of the regatta. Furthermore, any Lilliput SC members, their families and their friends can attend the regatta.



DINGHY RACING

I have a dinghy, which I'm looking to race in the regatta. How do I go about entering?

Firstly, access <https://tinyurl.com/lscRegatta>



Read of the "Notice of Race" document (covering both dinghies and cruisers) and the "Sailing Instructions for dinghies". These will answer many of questions you may have. If you have any further questions, speak to LSC's Dinghy Captain or Sailing Secretary (their contact details at the end of this form and they would be very to happy to chat with you about anything relating to the regatta).

Determine whether you wish to be in the dinghy A Fleet or B Fleet. It's your choice, based on how good you are at racing and whether you have a fast or a somewhat slower boat.

Make sure you know your dinghy class and sail number. Don't worry about what number you have on your sail – any number will do.

The form asks for a “PY” number for your dinghy. If you know this, then write it in. Otherwise leave it blank - we will provide that for you.

Think about whether you will be sailing on one or both days. If only on one day, will this be the Saturday or the Sunday?

Then select and complete the “Dinghy Entry Form” and confirm your method of payment. Then pay Lilliput SC by bank transfer, by card or by cheque.

Done!

I've raced a dinghy before but can't say that I'm super-confident about it. Can I enter?

We're very keen to include those who are fairly new to racing dinghies. The B fleet is the obvious option here. However, if you've never raced previously, the regatta is probably not the best place to begin, as there will be a bigger fleet than we usually have at LSC and you need to understand the basic racing rules of sailing.

Will we be racing out in Poole Bay or beyond?

No. All dinghy racing is within the harbour. Most of the races will be within a few hundred metres of the entrance to the Blue Lagoon. Only on the Sunday we will be looking to hold a longer race around the islands, but still within the harbour (Brownsea, Furzey and Green Islands).

Do all the dinghies start each race at the same time?

The simple answer is “yes”. However, there are two fleets. The A Fleet and B Fleet start together but they race as separate fleets and may finish at different times (e.g. the A fleet may race 3 laps of the course, the B fleet may race only 2 laps).

Can I race my catamaran?

No. Monohulls only I'm afraid.

I'm from another club. Can I keep my dinghy at the club for the duration of the regatta?

Yes, there will be space for you to keep your dinghy, trolley and road trailer at the club from Friday evening through until Sunday evening when presentations have been completed. If you wish to do so, please contact the Dinghy Captain a week or two before the event (contact details at the end of this document).

What time should I arrive each day for dinghy racing?

There is a Bacon Roll Breakfast (at £3) available upstairs in the clubhouse prior to racing (Saturday: served from 9am – 10.30a.m. and Sunday 9.30am – 11am). Sorry, there is no vegetarian option. Teas and coffees will be available.

The first dinghy race each day will start at 12.30pm (with the first race warning at 12.25pm). We usually launch the dinghies *at least* half an hour prior to the race start – it can take some time to get out of the lagoon, therefore the official launch time is from 11.30am onwards. If you were therefore at the club by 9.30am to 10.30am, this should give you plenty of time to have a bite to eat and a cuppa, find your way around, change into your gear and prepare and launch your dinghy.

If you have questions, do ask the other dinghy sailors. They'll be more than happy to answer your questions and help in any way they can.

Can kids race?

Cruiser racing – yes, if they are accompanied on the cruiser by a parent or guardian.

Dinghy racing – again, yes, if racing in a two-handed dinghy with a parent or guardian. Under 18s may race a single-handed dinghy only when their parent/guardian is present and available at the event (on the water or in the clubhouse). The parent/guardian **must** complete a consent form in advance.

What should I wear or take with me?

This is so dependent upon the weather. The water will be warm(ish), but the wind can be cool. Most of us at Lilliput SC will wear some form of light all-over or shorty wetsuit with the spray top, boots and gloves. Importantly, you **must wear a buoyancy aid**. You should also have a sailing stopwatch – you need to know exactly when the race will start.

Always take a flask of water with you, particularly on the Sunday when we will probably be sailing around the islands in the harbour. Some of us take a ready supply of nuts or health bars. A paddle or “praddle” (look it up) is useful for when the wind dies, allowing you to paddle through the sheltered lagoon to and from the club.

How long will I be out on the water each day?

On the Saturday there are three races. You will likely be launching about noon and returning about 4.30pm.

On the Sunday, there are two races. Again, you will likely be launching about noon but returning about 4pm.

Are there prizes for the dinghy race winners?

Indeed there are. At 5pm on the Sunday, trophies and prizes are presented to the successful dinghy and cruiser sailors in the Lilliput SC clubhouse. The bar will be open and everyone, sailors, families and friends alike are encouraged to attend.

The winners of the Dinghy Regatta Series for Fleet A and Fleet B are each awarded a trophy (namely the Regatta Trophy and the Walker Trophy), as is the winner of the Charity Cup for the final race on the Sunday (receiving the Jack Peate Cup). Those in first, second and third place in all these three competitions will be awarded Lilliput SC 70th Anniversary engraved tumblers.

CRUISER RACING

I have a cruiser, which I'm looking to race in the regatta. How do I go about entering?

Firstly, access <https://tinyurl.com/lscRegatta>



Read of the “Notice of Race” document (covering both dinghies and cruisers) and the “Sailing Instructions for Cruisers”. These will answer many of questions you may have. If you have any further questions, speak to LSC’s Cruiser Captain or Sailing Secretary (their contact details at the end of this form and they would be very to happy to chat with you about anything relating to the regatta).

There are two racing classes at this regatta:

PHHS Class 1 offers “competitive racing” which is code for “these are the guys and girls who really know how to race”. Best avoided if you’re relatively new to racing.

Gentlemen’s Class (aka ‘Progressive Handicap’) - is open to all racers (and certainly not just “Gentlemen”) and is intended for all standards of racers and any helm and crew. However no spinnakers can be used – it’s mainsail and jib/genoa only. Handicaps for each boat are adjusted after each race to attempt to equalise the chances of winning the subsequent race.

If you are a non-member, you must provide your PHHS certificate to the Lilliput SC office when you complete the form. Contact the Cruiser Captain if you have questions about this.

Think about whether you will be sailing on one or both days. If only on one day, will this be the Saturday or the Sunday?

Then select and complete the “Cruiser Entry Form” and confirm your method of payment. Then pay Lilliput SC by bank transfer, by card or by cheque.

Done!

I'm fairly new to racing, but I'm keen to compete. Is there a simply guide to the racing rules that may help me?

Yes. We've provided "A layman's guide to the racing rules' at the end of this document.

I'm keen to crew on a cruiser. How do I find a cruiser that needs a crew member?

Contact the Cruiser Captain – there may be opportunities available and he can put you in touch with cruiser helms looking for crew.

I'm not a Lilliput SC club member. Can I moor or tie-up at your jetty for the duration of the regatta?

A temporary mooring (or space on our pontoon) can be made available by prior arrangement. Please contact the LSC office at least a couple of weeks prior to the event. We have a temporary mooring in the harbour, and a lagoon mooring/pontoon space available for shallow draft (lifting/bilge keels), by prior arrangement and payment of a mooring fee.

SOCIAL EVENTS

Where can I find out about the social events over the weekend?

A copy of the Regatta Programme is available on the club's website, which includes the social events held on the Friday, Saturday and Sunday.

<https://tinyurl.com/lscRegatta>



The full Regatta Programme is also provided towards the end of this document.

Who can attend the social events?

Anyone who is registered to race and any club member. We also welcome the friends and family of those registered to race and friends and family of club members. However, friends and family who attend (who are not members) must complete the visitors' book when arriving.

What should I wear to the social events?

Casual. However, we'd like to see you dressed up in 70s gear for the '70s Fancy Dress Disco' on the Saturday night.

Is there food available at the club over the weekend?

The Regatta Programme details what will be available and when. It includes breakfast bacon rolls, pre-ordered lunch packs, a BBQ, a cream tea and evening food on the Friday and Saturday evening.

How do I order the pre-ordered lunch packs?

A meal deal can be ordered online from the website. This will include a pasty, fruit, crisps, water and a sweet treat.

What kids' activities are available at the club?

There are kids' activities held on the Saturday and Sunday afternoons. This includes crabbing (from the yard or jetty), crafts (inside) and a treasure hunt (in the yard). A club member will organize these activities. Check the Regatta Programme for kids' activities.

Can I therefore leave my child / teenager at the club?

No. Small children must be supervised by a parent or guardian at all times. Under 18-year-olds must have a parent or guardian on site at the club at all times on the Friday, Saturday and Sunday.

When will the bar be open?

The bar will be open as follows (approximately):

Friday: from 6pm until 11pm

Saturday: from noon until 11pm

Sunday: from noon until after the prizegiving (~7pm)

GENERAL**Where can I park my car?**

There won't be much parking inside the club gates during the regatta, so avoid that area if you can. There are plenty of places to park near to the club and along some of the side roads. All parking is free (as long as you park in the permitted areas).

Can I leave my clothing in the changing rooms when out sailing?

You can, but do not leave any valuables in the changing rooms. Ensure that clothing that is not being used is, where possible, placed in a sports bag. The changing rooms are "compact" therefore try and leave excess clothing, jackets and bulky items in your car boot.

Can I help in some way, during the regatta?

Yes, that would be appreciated. Contact one of the organisers (details below) directly or via the office to see how you can help. We always appreciate volunteers stepping up to assist with this important event. Volunteers generally don't need prior experience to help, so don't be shy! Help is needed in all these areas:

- Set up in the days before the event (yard, BBQ, gazebo etc.)
- Catering
- Bar
- Kids activities
- Photos and videos live display
- Race organisation and support
- Clean up after the event

Are you taking donations for a charity and if so, what is the charity?

Donations are always appreciated and we always look to support a worthwhile organization during the running of our regatta. This year, we are looking to support Hengistbury Head Outdoors Ltd (HHO), a Community Benefit Society (CBS) that has been setup to breathe new life into the activity centre at Hengistbury Head. The activity centre had closed in 2020 and fell into disrepair. HHO have now taken ownership with a 99-year lease and have renovated the site to re-open this year.

Donations can be made to HHO in cash at the Regatta, or at any time by card at the bar or online here: <https://tinyurl.com/lscRegattaDonation>

CONTACT DETAILS

If you have any questions relating to the Lilliput SC regatta, please feel free to contact one of the following from Lilliput SC by email to 'office@lilliputsc.org.uk'.

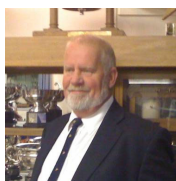
Andy Bethell
Sailing Secretary
sailingsec@lilliputsc.org.uk



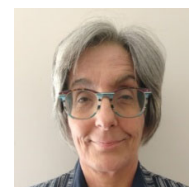
Gavin MacLachlan
Dinghy Captain
dinghy.captain@lilliputsc.org.uk



Colin Stewart
Cruiser Captain
cruiser.captain@lilliputsc.org.uk



Natasha Heawood
Social Secretary
social.sec@lilliputsc.org.uk



70TH ANNIVERSARY PROGRAMME OF EVENTS

FRIDAY 17TH JULY

REGATTA OFFICIAL OPENING

Dearest Members, your families and friends,

1800 Come and join us in the Lounge for a
relaxed evening, to celebrate:

LSC's 70th Anniversary and Annual Regatta

The Bar will be open and serving:
Celebration Cocktails (alcoholic and non) 🍹

FOOD:

Home Made Pizzas 🍕 – 2 slices £1

gluten free and vegan options available

EVENING ENTERTAINMENT (FREE):

1930 Live Guitarist 'Sir P'

2000 Commodore – Regatta Official
Opening

2015 Live Guitarist 'Sir P'




REGATTA
2026

70TH ANNIVERSARY PROGRAMME OF EVENTS

SATURDAY 18TH JULY

RACING:

- Cruisers:
(x3 races) leave slip 0945, start R1 1100,
ashore 1630
- Dinghies:
(x3 races) launch 1130, start R1 1230,
ashore 1630
- Race Results 1700

SHORESIDE ACTIVITIES:

- Race Video Updates 1100 – 1500
- Tabletop Quiz – prizes on Sunday
- Board Games

FOOD:

- Bacon Rolls 0900 – 1030 (Lounge)
- Pre-orderable Packed Lunches
- BBQ 1200 – 1400
1530 – 1730
- Fish'N'Chips (pre-orderable only) 1900

KIDS ACTIVITIES:

- Crabbing 1300 – 1400 (Yard)
- Crafts 1400 – 1530 (Lounge)
- Treasure Hunt 1400 – 1500 (Yard)

EVENING ENTERTAINMENT (FREE):

Following Fish Supper:

- 70's Fancy Dress Disco 19:30 –
Celebrate!
-



REGATTA
2026

70TH ANNIVERSARY PROGRAMME OF EVENTS

SUNDAY 19TH JULY

RACING:

- Cruisers:
(x2 races) leave slip 1015, start R1 1130,
ashore 1600 – 1630
- Dinghies:
(x2 races) launch 1130, start R1 1230,
ashore 1600

SHORESIDE ACTIVITIES:

- Race Video Updates 1130 – 1530
- Tabletop Quiz – prizes at 'Prizegiving'
- Board Games

FOOD:

- Bacon Rolls 0930– 1100 (Lounge)
- Pre-orderable Packed Lunches
- BBQ 1200 – 1330
 1500 – 1630
- Cream Tea 1430 – 1630 (Lounge)

KIDS ACTIVITIES:

- Crabbing 1300 – 1400 (Yard)
- Crafts 1400 – 1530 (Lounge)
- Treasure Hunt 1400 – 1500 (Yard)

RACE RESULTS / PRIZEGIVING:

- Lounge 1700
-



REGATTA
2026

A LAYMAN'S GUIDE TO THE RACING RULES

This guide is not a substitute for the Racing Rules, but aims at explaining your rights and obligations in certain situations and covers the acceptance of penalties and lodging of protests for this event. By entering the Lilliput SC Regatta, which is governed by the Racing Rules of Sailing, you agreed to some basic principles and fundamental rules.

You agreed to compete in compliance with recognised principles of sportsmanship and fair play.

You agreed that when you break a rule you would promptly take a penalty, which, if you cause serious damage or injury, may be to retire.

You agreed to accept the penalties imposed by a protest committee and any other action taken under the rules.

The rules in this context also include those in the Notice of Race and Sailing Instructions.

You agreed to give all possible help to any person or vessel in danger. This means that you must stop to help in, for instance, a man overboard situation. You should stand by until the person is either back on his boat or if necessary recover them onto your own boat.

You agreed to avoid contact with another boat if reasonably possible. It is important to remember that this applies to the right-of way boat as well as the give-way one.

The Racing Rules are re-issued every 4 years and the current version covers 2025 - 2028. The Rule Book is a daunting read for many people but everyone taking part in the Race should have, at least, read the rules of Part 2 (When Boats Meet). The Rules of Part 2 apply between you and any other boat in the Race.

If you meet a boat that is not racing in the Lilliput SC Regatta, but is obviously racing in another race, they also apply. If you meet a boat that is just cruising, then the International Regulations for Preventing Collisions at Sea (the Col Regs.) apply - you do not have any rights over them because you are racing. Please be aware that you are likely to meet several boats that are not racing as you go round and, quite apart from your obligations under the rules, you should accord them every courtesy. We all have equal rights of enjoyment on the water, and we expect you, as a competitor, to respect these rights.

This means that if you are not sure of exactly how a boat is able to respond you should be very careful when changing course or acquiring right-of-way and make sure that the "room" you give them is adequate in all conditions. "Room - the space a boat needs in the existing conditions, including space to comply with her obligations under the rules of Part 2 and 31, while manoeuvring promptly in a seamanlike way."

Rule 10

On Opposite Tacks (Port and Starboard rule) “When boats are on opposite tacks, a port-tack boat shall keep clear of a starboard-tack boat.” The obligations of the port-tack (give way) boat are clear, but the starboard-tack (right-of-way) boat also has some obligations. In a cross tacking situation, you are expected to hold your course, keep a good lookout, and to take avoiding action if it becomes clear that the other boat is not keeping clear. A hail of “starboard” is not required but is helpful. The port-tack boat must remember that, even if she thinks there will not be a collision, but the starboard-tack boat has doubt, changes her course and protests, the starboard-tack boat will very likely win her protest.

Rule 11

On the Same Tack, Overlapped (Windward/Leeward rule)] “When boats are on the same tack and overlapped, a windward boat shall keep clear of a leeward boat.” Here the windward boat is the give-way boat and must keep clear. However, the leeward boat, although she is the right of way boat, cannot change her course without giving the windward boat room to keep clear - so be careful when luffing and watch spinnakers when sailing downwind.

Rule 12

On the Same Tack, Not Overlapped (Clear ahead, Clear astern rule) “When boats are on the same tack and not overlapped, a boat clear astern shall keep clear of a boat clear ahead.” If you are the boat that is clear astern you are the give-way boat and should not sail so close that you might run into the boat clear ahead if she happens to be “stopped” by a wave. Note the words “on the same tack”. If the boats are on opposite tacks, the Port and Starboard rule applies, NOT this one.

Rule 20

Room to Tack at an Obstruction There are several areas of the course where the lack of water depth becomes a continuing obstruction for boats racing and our competitor feedback tells us that not all of you understand how you should respond when another boat asks for room to tack. When boats are on the same tack on a beat and come to such an obstruction the leeward boat gets to decide which way they are going to pass it. If the leeward boat hails for “Room to Tack” the other boat must give it to her, but the leeward boat must give the other boat time to respond before she tacks. If the other boat believes that the call is unjust, she cannot just ignore the hail but may reply “You tack” and then give room for the leeward boat to tack and avoid her.

Going Aground and Outside Assistance

If you are unfortunate enough to go aground, perhaps on Clapperton Sands, which is a trap for some, then there are some rules you should be aware of. You may get clear by using force from your own crew and any equipment other than a propulsion engine and then continue racing (rule 42.3 (h)). If, however, you accept a tow from another vessel then this becomes accepting outside help (rule 41) and you must retire. If you use your engine to get clear, then this breaks rule 42 and you must retire.

Penalties 44.

PENALTIES AT THE TIME OF AN INCIDENT

44.1. Taking a Penalty

Contact with or impeding another vessel

A boat may take a Two-Turns Penalty when she may have broken one or more rules of Part 2 in an incident while racing.

Contact with a mark of the course

She may take a One-Turn Penalty when she may have broken rule 31.

44.2. One-Turn and Two-Turns Penalties

After getting well clear of other boats as soon after the incident as possible, a boat takes a One-Turn or Two-Turns Penalty by promptly making the required number of turns in the same direction, each turn including one tack and one gybe. When a boat takes the penalty at or near the finishing line, her hull shall be completely on the course side of the line before she finishes.

Protests

No one likes having to protest but it is important not to allow those who disregard the rules to get away with it. At LSC we have a slightly different approach to protests for the dinghies and for the cruisers.

Cruisers follow the unmodified RRS approach described below.

Dinghies use an enhanced protest procedure which allows for lighter penalties (non-disqualification) – subject to arbitration and by agreement of all parties. This is outlined below and described in more detail in the dinghy sailing instructions.

Dinghy protest procedure

If you feel you have suffered because of a rule infringement, make sure the other boat is aware of this **immediately, or as soon as possible**, so that they can take penalty turns as described above. If the other boat does not complete the penalty turns, or disputes the alleged infringement, inform the Race Officer as soon as possible on completion of the race. We'll discuss the incident as soon as possible using the procedure in the Sailing Instructions and a scoring penalty may be applied after the race.

Cruiser protest procedure

Make sure you have a red protest flag on board. If you have an incident and believe you are in the right, then you must do three things:

You must immediately both i) display your protest flag and ii) hail the word “protest”. The protest committee will almost certainly rule your protest invalid if you have to take time to go below to get the flag out of a locker - so have it handy and show it quickly.

Then iii) you must inform the Race Committee as soon as possible (but not before 0930) that you intend to lodge a protest. After the Race, if you intend to go ahead with lodging the protest, you will need to go to the Cruiser captain, Rear Commadore Sailing or Race officer where you will be guided through the procedure and given a time for the hearing. The written protest must be lodged within two hours of your finishing time.

Enjoy your Race - Please sail safely and responsibly and obey the Racing Rules of Sailing.